



Celebration Day for Girls
Facilitator PD Pearls

How to create a safe and fun space (and handle tricky moments)



Overview

- Difference between facilitation and other stuff
- Handy facilitation skills (intro)
- Creating safety – processes and tips
- Practice facilitation skills with tricky moments
- Open questions and discussion

Some key facilitation skills

Validating

Normalising

Noticing and naming

Wondering

Naming of ghosts

Pause/Let's slow it down

Safety needs caring boundaries

Oversharing Use protective interrupting

Some people not talking Gently notice and name some people haven't shared yet, and welcome their input before you move on to the next activity

Someone talking a lot Remember to validate them and let them know you have heard. Check that you've got their message before the group hears from more people or moves on to next activity.

Timing Arrive early and be present with people on arrival for the day and coming back from breaks. Request an unusual return time, eg 2.02pm so people don't just drift back. Give the room a simple announcement, if you're comfortable to, to let them know we're returning for the next session in a few minutes.

Side conversations These are a gift to let you know you need to engage them more or differently. Notice and name their talking without shaming and break up the session with a stretch or new activity. See a [Groupwork Centre blog on this](#).

Great resources for facilitation

[Groupwork Centre](#)

They provide training in facilitation, emotional resilience and collaborative leadership.

Go to their [‘Learn’ tab](#) for great articles on compassionate group work.

Get their book [Getting Our Act Together: How to harness the Power of Groups](#) and/or do their training if you can!

[Circle Guidelines](#)

From Jean Shinoda Bolen’s small, poetic, wonderful book, *The Millionth Circle*. This is a simple list of Circle guidelines which are in harmony with our approach for Celebration Days.

People learn
best when
they feel
good

Photo by Isabela Ferreira
Austin on Unsplash

A Celebration Day for Girls™



**Time to ask
and discuss!**



Always finish with evaluation:

What did you like?
What could we improve?
What's a takeaway for you?