



A Celebration Day for GirlsTM

CDG Facilitators Newsletter

3rd December 2019

Hi Everyone!

I have been planning a newsletter for way too long – this has been a very busy year so far, with a book launch, *About Bloody Time*, and lots of travel and six facilitator trainings in five countries, not all trained by me, but still.

As we continue to grow there have been many highlights this year (please forgive if I forget your particular highlight – do remind me!). First CDG in Africa (Tanzania with Mariana Zavery while visiting with family), first training in a language other than English - in Narbonne in French (Incredible translation efforts by Trainer Brigitte Laurent and her daughters Julie Julien and Valentine Julien), first Training in the Americas – Rachel Pilgrim in Vancouver (the power of passionate promotion and positive intention – organized from Central Victoria, Australia). And the many who have run their first CDG this year: I fully appreciate what this takes to get up, the conversations, the gathering of resources, the promotion and admin. Congratulations for your great efforts. You are making a life-changing difference for girls, their mothers and families.

To those who have felt disheartened by the difficulties of establishing CDGs in your area or the seeming vacuum or interest that menstrual shame creates, please know that each conversation you have, each flyer you send out, each date you make you are planting seeds and helping people see there is another way. I know it's way more satisfying to run nice full workshops and I dearly hope you get to do that soon. But I also want you to be aware that in the large scheme of things this is a big project of social change within long arch of history, and you are a key part of that.

We are planning numerous remote/live/online events for 2020 that will be of interest if you want support and ideas promoting your workshops



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and getting them up and happening. It's really really valuable to connect with the incredible women of this community. Watch out for notice of these events and opportunities.

Even if you're not able to run workshops at the moment or aren't prioritizing CDG this coming year, you are very welcome to attend and hang out with us as 'friends of CDG'.

So, a couple of important news items follow below:

Royalties stay local

Your royalties of 10% for the first 5 years of facilitating Celebration Day for Girls now stay in your country or region. All funds are used to help promote and support Celebration Day for Girls.

Please now notify and pay your Country or Area coordinator your workshop royalties. These funds are collected and used in your region, with a small percentage coming back to the Chalice Foundation to support the CDG website and other global activities.

For New Zealand: Ange Fraser – angelafrasernz@gmail.com

For the UK and Europe except France and other French-speaking parts:
Emily Stewart – emily@realperiodproject.org

For Canada, US and Mexico: Rachel Pilgrim – rachel.pilgrim@yahoo.com

For France and French-speaking parts of Europe: Brigitte Laurent – terresdefemmes@outlook.fr

For Australia and everywhere else: Beck Meyers – beckmeyers@gmail.com on behalf the Chalice Foundation

Ongoing costs

Thank you for graciously agreeing to and forwarding the royalties for your Celebration Days for Girls for 5 years following your first CDG. These



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funds have enabled us to support CDG through the website and other admin, insurance, promotion, community building and so on.

For the last two years I have added another clause to the agreement signed at the CDG Facilitator Training:

1. I understand I will be invoiced for an ongoing annual administration fee, from the Chalice Foundation, *after* the 5-year royalty period expires. Currently, \$AU25 if you have held 1 CDG in the previous year, \$AU50 if you have held 2 CDGs in the previous year and \$AU75 if you have held 3 or more CDGs in the previous year. Capped at \$AU75.

It is necessary to add this modest fee to help cover costs and to continue to support CDG in all the ways we can.

From January 2020 we will institute this fee for all facilitators who have completed their 5-year royalty period. This invoice will come directly from the Chalice Foundation, the not-for-profit social enterprise founded by Jane Bennett and which oversees Celebration Day for Girls.

I am aware that for many of you this was not in your Agreement. As the worthy project of Celebration Day for Girls has grown and evolved from the experimental first training practical considerations have also become clearer. To date all royalties have been used to support CDG and facilitators, plus further personal contributions from me. I have done this willingly and happily however it's not sustainable as we plan for further expansion. We are also seeking funding from government and other sources. Your understanding is much appreciated and I am more than happy to answer any questions about the finances of CDG and Chalice Foundation.

Wishing you all well on a quiet evening after some welcome rain, in Central Victoria.



A Celebration Day for Girls™

Love,
Jane