



# A Celebration Day for Girls™

Since 2000

*Do you remember what  
your first period was like?*

*How would you like  
this experience to be  
for your daughter?*



**At A Celebration Day  
for Girls,** girls enjoy  
lively discussions,  
fun activities, women's  
stories and gentle  
conversations about the  
magical threshold of  
puberty and menarche.

